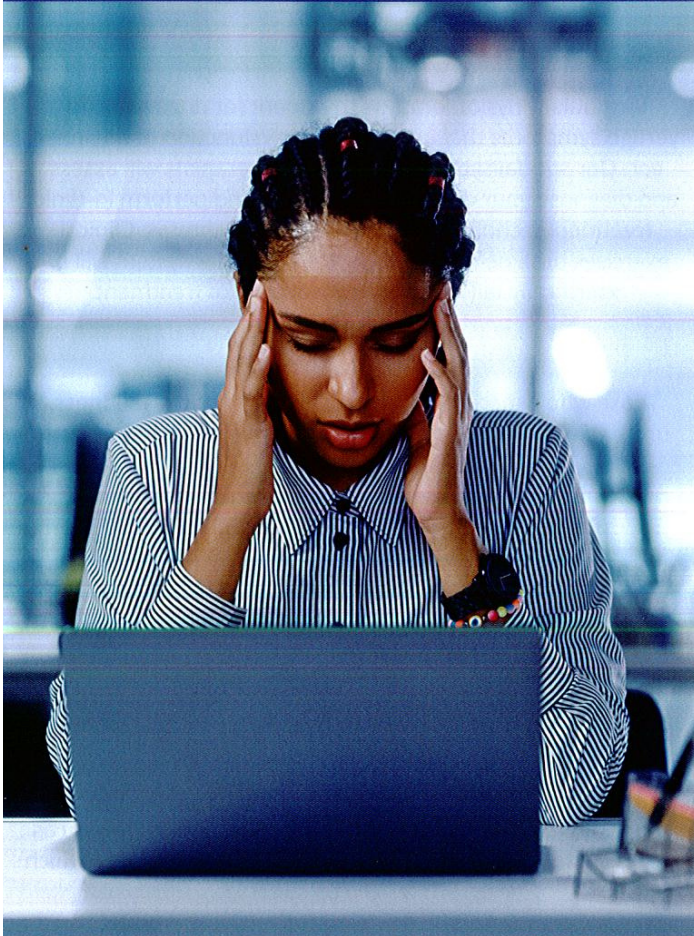


VESTIBULAR REHABILITATION



North Road & Bluff Road
PHYSIOTHERAPY



VESTIBULAR REHABILITATION

WHAT IS VESTIBULAR REHABILITATION?

Vestibular Physiotherapy is treatment for dizziness and vertigo symptoms that are related to dysfunction of the inner ear. Our specialised vestibular physiotherapists will assess and diagnose your dizziness symptoms, and perform in-clinic treatment techniques to help resolve symptoms. Clinical exercises designed to optimise the vestibular system will be specifically tailored and given as part of treatment.

WHO MAY BENEFIT

Those who experience dizziness, vertigo, lightheadedness, unsteadiness and/or a loss of balance, from conditions such as:

- Benign Paroxysmal Positional Vertigo (BPPV)
- Persistent postural perceptual dizziness (PPPD)
- Vestibular Migraine
- Cervicogenic dizziness (neck-related dizziness)
- Vestibular Neuronitis or hypofunction
- Falls and balance problems

HOW TO GET STARTED

Please make a booking with one of our expert-trained vestibular physiotherapists to start the process. After a thorough assessment, your physiotherapist will guide you as to how many treatment sessions may be necessary and which exercises will be suitable.

CONTACT US



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